



Instructions for Patients Receiving an MRI

An MRI (Magnetic Resonance Imaging) test is used to diagnose a disease or injury, and it can monitor how well a patient is responding to treatments. MRI's are safe, painless, and effective.

Before undergoing an MRI, patients should prepare for the test using the following instructions and guidelines:

Before your MRI:

- Continue to take your medications, unless told otherwise by your physician.
- Notify your physician and the MRI Technologist if you have any implanted object inside of your body, such as a pacemaker, aneurysm clip, artificial heart valve, etc.
- MRI requires no fasting, you may eat and drink as normal prior to your examination.
- Remove all metal items, such as jewelry, hair clips, watches, hearing aids, dentures, etc.
- Do not bring credit, debit, or any other card that may be erased by a magnetic field.

During your MRI:

- Remain as still as possible. Movement can distort the MRI images.
- Be prepared for the test to take approximately 30 – 60 minutes and you will be made as comfortable as possible.
- The MRI Technologist will supply you with earplugs to block the noise of the machine.
- The MRI Technologist will be in contact with you via a microphone and will monitor you during the test.

You will be contacted by your physician once the results are reviewed.