



Instructions for Patients Receiving an X-Ray

An x-ray is used to assist in the diagnosis of a disease or injury, and it can monitor how well a patient is responding to treatments. X-rays are safe, painless, and effective.

In order to make your imaging more comfortable and efficient, please refrain from the following:

- Wearing a bra with underwire – all cotton bras with no adjustors on straps are best or no bra at all – even plastic adjusters will show on x-ray
- Please wear minimal jewelry, including watches, rings, necklaces and earrings, and remove body/facial piercings if in area of interest
- Wear simple clothing - avoid button down shirts, pants with zippers/studs, jeans or dress pants with buttons and zippers, and suspenders